



KERUGOYA MUNICIPALITY BOARDING PRIMARY SCHOOL

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KERUGOYA MUNICIPALITY BOARDING
SCHOOLS

SCHOOL MENU

DAYS	5.20AM BREAKFAST	11:00 A.M. BREAK	LUNCH BREAK	3 0'CLOCK BREAK	SUPPER
MONDAY	PORRIDGE& SNACKS	TEA &SNACKS	RICE/THOROKO/CABBAGE&MEAT	PORRIDGE	UGALI/ GREENS & POTATOES /DANIA/CARROTS
TUESDAY	PORRIDGE& SNACKS	TEA,SMOKIE &SNACKS	RICE/POTATOES NDENGU/FRUITS	PORRIDGE)	GITHERI/MEAT/GREENS & CABBAGE/DANIA/CARROTS
WEDNESDAY	PORRIDGE& SNACKS	TEA &SNACKS	RICE/ YELLOW BEANS/POTATOES CABBAGE	PORRIDGE	UGALI/NDENGU /CABBAGE/DANIA/CARROTS
THURSDAY	PORRIDGE& SNACKS	TEA & SNACKS	RICE /THOROKO /MEAT &FRUITS	PORRIDGE	RICE/ THOROKO & GREENS/DANIA/CARROTS
FRIDAY	PORRIDGE& SNACKS	TEA, SMOKIE & SNACKS	CHAPATI/RICE/NDENGU POTATOES/	PORRIDGE &EGG	GITHERI/POTATOES & GREENS/DANIA/CARROTS

SATURDAY	PORRIDGE& SNACKS	TEA & ANDAZI	RICE POTATOES & VEGETABLES/THOROKO	PORRIDGE	MUKIMO & MEAT STEW DANIA/CARROTS
SUNDAY	PORRIDGE& SNACKS	TEA&ANDAZI	RICE/MEAT/POTATOES/ NDENGU&FRUITS	PORRIDGE	RICE/NDENGU & POTATOES/DANA/CARROTS

NB. SPECIAL MEALS ON PUBLIC HOLIDAYS. CHICKEN SOUP AND CHIPS SWEET POTA TOES SOMEDA YS